



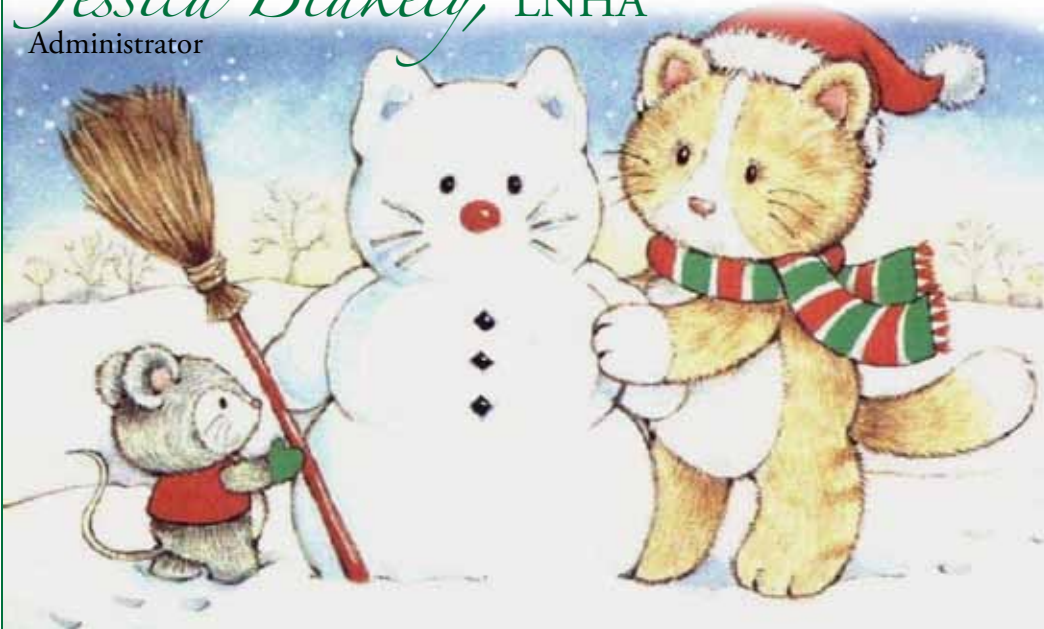
# Blakely Banner

## From the Desk of Jessica Blakely, Administrator

**H**appy Holidays! It's hard to believe we have just celebrated another Thanksgiving and are preparing our hearts and homes for the Christmas holiday ahead. The holidays are a time where we can rejoice with family and friends, but also a period of reflection. The holidays remind us of what is truly important in life. They remind us that love, values and good health can mean more than any monetary gift. They remind us to remember those less fortunate and to be thankful for the blessings bestowed upon us. As I reflect upon the past year, I realize this year more than most, how much it means to have faith, friends and family.

Wishing you a very blessed holiday season,

*Jessica Blakely*, LNHA  
Administrator



## December Holidays, Events & Highlights

- Civil Air Patrol Day** ..... Dec. 1
- National Mutt Day** ..... Dec. 2
- National Dice Day** ..... Dec. 4
- Pearl Harbor Day** ..... Dec. 7
- Werrie Willie Day** ..... Dec. 9
- Poinsettia Day** ..... Dec. 12
- Monkey Day** ..... Dec. 14
- Bill of Rights Day** ..... Dec. 15
- Cat Herders Day** ..... Dec. 15
- Wright Brothers Day** .... Dec. 17
- Hanukkah** ..... Dec. 20
- Humbug Day** ..... Dec. 21
- Winter Solstice** ..... Dec. 21
- Christmas** ..... Dec. 25
- Boxing Day (Canada)** .. Dec. 26
- Bacon Day** ..... Dec. 30

### Cookie Cutter Week

December 1-7

### Handwashing Awareness Week

December 6-12

### Posadas Week

December 16-24

### It's About Time Week

December 25-31

### Food Service Safety Month

Rising Star Month

National Tie Month

Tomato & Winter Squash Month

Spiritual Literacy Month

Bingo's Birthday Month

Owner & CEO - Doug Blakely

Owner - Tom Blakely

Administrator - Jessica Blakely

Director of Marketing - Dave Buenting

Director of Nursing - Teresa Francisco

Director of Social Services - Keely Harsanje

Executive Chef - Chris Burchell

Life Enrichment Coordinator - Jalon Helton

## *A Message From Our Social Services Director*

**W**ith Christmas fast approaching, you may be stumped on what to get your loved one this holiday season. You want to get something special and hope to give a gift that puts a smile on their face. Following are some gift ideas for nursing home residents that will hopefully make this Christmas memorable.

### **A Fun Christmas Hat –**

These don't cost much and the wearer will get lots of attention from staff and visitors. Especially good is a hat with music, lights, or both.



**Offer to Address Christmas Cards –** Let the individual tell you who the card is for and sign the cards if they are able to. Your role will be to fill out the addresses, stamp, and mail the cards. If they are unable to sign the card, have them tell you what message to put in the card and sign for them.

### **A Tiny Christmas Tree for their Room -**

Keep in mind the tree must be artificial and be fire resistant.

**Make a Photo Collage –** Choose photos showing different aspects of their life. Be sure to include their work and hobbies.

**Get a Subscription to a Magazine Related to an Interest of Theirs –** Residents look forward to receiving mail in the nursing

home. Getting a magazine subscription gives them something to anticipate in the mail.

**Take Them Out for Lunch –** If they are able to get around reasonably well, check with staff about taking the individual on an outing. Take them to their favorite restaurant or cook a meal at your home. If taking the individual out is not an option, consider ordering in, keeping in mind dietary restrictions.

**Hanging Bag for a Walker –** This will allow the individual to tote things around.

**Bedside Caddy –** This item can be used to hold books or other needs and keep things close by.

Happy Holidays!

*Keely Hansanje, LSW*

Director of Social Services

## *Blakely Veterans Attend Ceremony at BGMS*

**W**e took our treasured Veterans to a Veterans day program at Bowling Green Middle School. The Veterans were honored within their branch of service. It was a highly emotional day for our Veterans. We at Blakely would like to say a special Thank You to our Veterans.

*Thornton Leonard* ..... US ARMY  
*Ed Smith* ..... US ARMY  
*Bettie Burroughs* ..... US ARMY NURSE CORP  
*Don Brown* ..... US ARMY  
*Harry Smith* ..... Canadian AIRFORCE



## ***Making Cookies with BGSU....***

***W***e welcomed students to come in on Nov. 20 to bake cookies with our Residents! What a yummy activity.



## ***Happy Retirement Ruthie!***

***R***uth Green retired on November 30th, after 8 loyal years of service. Ruth has been not just the most familiar voice and face of Blakely Care Center, but a dear friend to all Residents, staff and families. Ruthie, thank you for all of your hard work and dedication to everyone...we will miss your joyful spirit and kind heart on a daily basis. In true Ruthie fashion, she can't stay away completely...she will be working one day a week, as needed, helping out in the front office assisting the new business office manager (and her daughter and former Activity Director) Julie Naftzger.

***Best of luck on your future endeavors...we will miss you!***



## ***Welcome Jalon!***

***W***e would like to extend a big Blakely Care Center welcome to Jalon Helton, our new Life Enrichment Coordinator (formerly known as the Activity Director J ). Jalon is a Certified Therapeutic Recreation Specialist and holds a Master's degree in Recreation and Leisure Studies from the University of Toledo. She also has a Bachelor's degree in Gerontology from BGSU. Jalon has extensive experience working in the health-care field, working as an STNA in long-term care facilities and a home health aide. She most recently was the Program Coordinator for the Rosa Morgan Adult Day Care Center in Toledo and also works contingent at UPMC as a recreational therapist. Jalon and her husband Lamar live in Toledo. Welcome to the family Jalon!

*In the spirit of Christmas, we are starting a new tradition at Blakely Care Center - our own facility family tree. This year, we are asking every Resident's family to please bring us an ornament to honor your loved one who either currently resides with us or was a past resident. We are looking for ornaments that either have special meaning to the resident (that you are willing to part with and aren't a family heirloom) or one that is an excellent expression of your loved one. These ornaments will be displayed on a special tree in the front lobby. Please bring the ornament, along with the name of the Resident and a brief description/ story behind the significance of the ornament, to Jessica Blakely or Julie Naftzger in the front office. Please note that the ornaments will be kept at the facility for use every year to signify the family we have here at Blakely Care Center. Staff is also encouraged to bring in ornaments as well, as we are all family. We look forward to seeing all of the stories that will be told through these ornaments and bringing them all together for holidays to come.*





# December 2011 Event Calendar



**Mon**

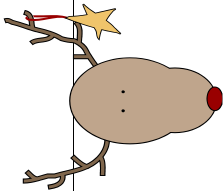
**Tue**

**Wed**

**Thu**

**Fri**

**Sat**



Beauty Salon Days  
Tues. & Wed.  
Afternoons

Calendar Subject to  
change due to  
unforeseen circum-  
stances or  
Residents prefer-

Price is Right is on  
Channel 11-1  
everyday at 11:00 am

1  
10:15 Coffee Hour  
11:00 Price is Right  
2:30 Alan Seibert  
The Guitar Guy

2  
10:15 Coffee Hour  
11:00 Price is Right  
7:00 Trivia sheets

3  
10:15 Coffee Hour  
2:30 BINGO  
7:00 Photo Hunt



4  
10:15 Coffee Hour  
2:30 Cut coupons  
3:00 Abiding Word Church

5  
10:15 Coffee Hour  
11:00 Price is Right  
2:15 BINGO  
3:30 Cards

6  
10:15 Coffee Hour  
2:00 Activity Planning  
Meeting  
2:30 Christmas Craft  
6:30-8:00 Gingerbread

7  
10:00 Coffee Hour  
11:00 Price is Right  
2:15 BINGO  
3:15 Christmas Card Making  
7:00 Wheel of Fortune

8  
10:15 Coffee Hour  
11:00 Price is Right  
2:00 Movie & Popcorn

9  
10:15 Coffee Hour  
11:00 Price is Right  
12:00 CHRISTMAS PARTY  
Alan Seibert

10  
10:15 Coffee Hour  
2:30 BINGO  
7:00 Winter Movie



11  
10:15 Coffee Hour  
2:00 Mary Rohrbraden  
Piano Students

12  
10:15 Coffee Hour  
11:00 Price is Right  
2:15 BINGO  
6:30 Girl Scouts Are  
Coming

13  
10:00 Coffee Hour  
2:00 Cooking with Chris  
3:00 Christmas Music and  
Nail Care

14  
10:15 Coffee Hour  
2:15 BINGO  
6:30 Go See the BG  
Christmas Lights

15  
10:15 AM Social  
11:00 Price is Right  
2:00 Mary Fry- Sing A Long  
3:30 Color-rama for Christmas

16  
10:00 Coffee Group  
10:30 Christmas Stockings  
2:00 Movie & Popcorn

17  
10:15 Coffee Hour  
2:00 Board Game  
Varieties  
7:00 Comedy Central



18  
10:15 Coffee Hour  
2:00 Crossword puzzles  
and word search games  
7:00 I Love Lucy

19  
10:00 AM Social  
10:30 Ante Up  
2:15 BINGO  
3:30 Monthly Birthday Party

20  
10:00 Coffee Group  
10:45 Sit and Be Fit  
11:30 Out to eat at Cracker  
Barrel  
2:00 Cooking with Chris  
7:00 Leon Jordan

21  
10:00 Coffee Hour  
2:15 BINGO  
3:30 Holiday Door Decora-  
tions  
7:00 Wheel of Fortune

22  
10:15 Coffee Hour and Left  
Right Center  
2:00 Winter Word Games  
3:00 Resident Council  
6:30 Price is Right DVD

23  
10:15 Morning Social  
11:00 Price is Right  
2:00 Christmas Movie

24  
10:15 Coffee Hour  
2:30 BINGO  
7:00 Christmas Movie



25  
10:15 Coffee Hour  
10:30 Morning Exercise  
11:00 Price is Right  
2:15 BINGO  
4:00 Afternoon Trivia

26  
10:15 Coffee Hour  
10:30 No Bake Cheese Cake  
2:15 Reminiscence and  
snack  
3:30 Trinity Church Service

27  
10:15 Morning Social  
10:30 No Bake Cheese Cake  
2:15 Reminiscence and  
snack  
3:30 Trinity Church Service

28  
10:15 Coffee Hour  
11:00 Price is Right  
2:15 BINGO  
3:00 Recreation Therapy  
Relay

29  
10:15 Coffee Hour  
11:00 Price is Right  
2:00 Health Talk  
2:30 Stress and Relaxation  
Group

30  
10:00 Am Social  
10:30 UNO  
2:15 New Years Hangman  
3:00 New Year Party Game

31  
10:15 Coffee Hour  
2:30 Comedy Block



Family and Friend visits



# Puzzle Corner ! ? ! ?

## Word Search

### Christmas

Find and circle all of the Christmas words that are hidden in the grid.  
The remaining letters spell a secret message.

```

E N A C Y D N A C H T A E R W S S
T H I S S N O I T A R O C E D H Y
E G G N O G M E H E L H T E B E O
G I F T S F R U I T C A K E T P T
R E G N A M H F R I E N D S F H S
S L T R E E I E C S C S R R S E E
T S H N E G A S A A E A A A T R J
H A R A S E N N T L N N R A T D E
G I E G S E T I C L K D K O G S S
I T E G L A K I K I E S L O L T U
L T W O B E C A N C O T L E N S S
F E I B E I I C L G O D O E S N J
A S S O L L E R A F C T M E M O O
M N E T L N B N B N W A S Y A W S
I I M T S O G A B A N O R E R M E
L O E E J E O L T R G R N D Y A P
Y P N Y L L O H O S H L Y S S N H
    
```

- |              |                |            |                |
|--------------|----------------|------------|----------------|
| ANGEL        | FRUITCAKE      | MANGER     | SNOWFLAKES     |
| BELLS        | GABRIEL        | MARY       | SNOWMAN        |
| BETHLEHEM    | GIFTS          | MISTLETOE  | STABLE         |
| CANDLES      | GOLD           | MYRRH      | STAR           |
| CANDY CANE   | GREETING CARDS | ORNAMENTS  | STOCKING       |
| CAROLS       | HOLLY          | POINSETTIA | THREE WISE MEN |
| DECORATIONS  | ICICLES        | SANTA      | TOBOGGAN       |
| EGGNOG       | JESUS          | SHEPHERDS  | TOYS           |
| FAMILY       | JOSEPH         | SKATES     | TREE           |
| FRANKINCENSE | LIGHTS         | SLEIGH     | WREATH         |
| FRIENDS      |                |            |                |



The objective of sudoku is to enter a digit from 1 through 9 in each cell, in such a way that:

Each horizontal row contains each digit one time.  
Each vertical column contains each digit one time.  
Each subgrid or region contains each digit one time.

		4		7				3
9	7	6	1					4
3	8		9		4	7		
2	6	5		4	8			9
	1			2	5			7
	3		6					
6			5			9		1
8	9					2	6	5
1		7	2	6	9		3	

## *Cruising With Freddy and Freda....*

The Residents were thrilled to be going to the annual holiday parade but

even more so

when they were

surprised by

Freddy and

Freda, the BGSU

Mascots.



# Chef Chris' Corner:



## Gingerbread House



### Ingredients

- 3/4 cup butter
- 7/8 cup packed light brown sugar
- 1 teaspoon lemon zest
- 1 1/2 tablespoons lemon juice
- 1/2 cup molasses
- 2 eggs
- 3 cups all-purpose flour
- 2 teaspoons baking powder
- 1 tablespoon ground ginger
- 2 teaspoons ground allspice



**H**appy holidays to everyone! I hope you all had a great Thanksgiving, and now on to Christmas!. I believe last Christmas I wrote about the tradition of cookies in gift giving and in personal enjoyment. This year I would like to talk about Gingerbread. Almost everyone is familiar with the story of Hansel and Gretel and the gingerbread house that the witch lived in.

Gingerbread has been baked in Europe for centuries. In some places, it was a soft, delicately spiced cake; in others, a crisp, flat cookie, and in others, warm, thick, steamy-dark squares of "bread," sometimes served with a pitcher of lemon sauce or whipped cream. Gingerbread was brought to Europe in 992 by an Armenian monk who taught the Gingerbread cooking to French priests and Christians. Of all the countries in Europe, Germany is the one with the longest and strongest tradition of flat, shaped gingerbreads. This is where the story of Hansel and Gretel originated. Gingerbread making in North America has its origins in the traditions of the many settlers from all parts of Northern Europe who brought with them family recipes and customs. By the nineteenth century, America had been baking gingerbread for decades.

American recipes usually called for fewer spices than their European counterparts, but often made use of ingredients that were only available regionally. Maple syrup gingerbreads were made in New England, and in the South, sorghum molasses was used. Regional variations began occurring as more people arrived. In Pennsylvania, the influence of German cooking was great and many traditional German gingerbreads reappeared in this area, especially at Christmas time. In fact every Christmas season there is a competition held in Pittsburgh to see who can build the best gingerbread house.

Building a gingerbread house is a fun and tasty Christmas vacation activity to do with the kids or grandkids! I am giving a recipe for a gingerbread house here...maybe someone out there will build a gingerbread house for people and send us some pictures!

- 2 egg whites & 5 cups confectioner's sugar for mortar & decorating icing
- First cut out in thin cardboard: a side wall, 4 1/2 x 8 "; an end wall, 4 1/2x5 "; a triangular gable, 4 1/2x3x3 "; and a roof rectangle, 4 1/2x9 ". Tape the rectangular end wall piece to the triangular gable piece: match the long side of the triangle, 4 1/2 ", to one of the 4 1/2 " sides of the end wall.

1. **In a large bowl**, cream butter and sugar until light and fluffy. Stir in lemon zest, lemon juice, and molasses. Gradually beat in 2 eggs. Sift the flour, baking powder, and spices together; stir into creamed mixture. Wrap dough in parchment paper, and refrigerate for 1 hour.
2. **Turn out dough** onto a lightly floured surface. Divide into 6 portions, 2 slightly larger than the others. On a lightly floured surface, roll out the 4 smaller pieces to approximately the size of the side wall and the end wall with gable templates; cut out two of each. Roll out remaining dough, and cut into two rectangular roof pieces. Transfer gingerbread onto greased baking trays.
3. **In a preheated 375 degree F** (190 degrees C) oven, bake gingerbread for 10 minutes, or until crisp. When removing from the oven, leave the gingerbread on the baking trays for a few minutes to set, then transfer to wire racks. Leave out overnight to harden.
4. **In a large bowl**, lightly whisk 2 egg whites. Gradually beat in approximately 5 cups confectioners' sugar. The icing should be smooth and stand in firm peaks. Spread or pipe a 9 inch line of icing onto a cake board, and press in one of the side walls so that it sticks firmly and stands upright. If necessary, spread or pipe a little extra icing along either side to help support it. Take an end wall and ice both the side edges. Spread or pipe a line of icing on the board at a right angle to the first wall, and press the end wall into position. Repeat this process with the other two walls until they are all in position. Leave the walls to harden together for at least two hours before putting on the roof. Continue in this fashion for the rest of the house and use same icing for covering roof and attach favorite candies!



# December Birthdays

## Staff Birthdays:

Tammy Caldwell	.....12-21
Shannon Cramer	.....12-15
Sally Gonzales	.....12-14
Emily Goon	.....12-17
Cameron McCall	.....12-5
Dawn Rathburn	.....12-31
Amber Ritter	.....12-21
Carol Sintobin	.....12-12
Stacy Tavenier	.....12-9

## Resident Birthdays:

Margaret Hamman	.....12-28
Shirley Soper	.....12-03

## Blakely Care Center

850 W. Poe Rd.  
Bowling Green, OH 43402

[www.blakelycarecenter.com](http://www.blakelycarecenter.com)

